

The background of the page is a light green, repeating floral and scrollwork pattern. The pattern consists of stylized leaves, flowers, and swirling vines, creating a delicate and elegant texture.

PRICE LIST



Paradise Spa

Massages

50 / 80 MINS.	Four-hand massage	95.- / 114.-
60 / 90 MINS.	Traditional Thai Sa-Wuan massage	66.- / 79.-
60 / 90 MINS.	Thai aromatherapy massage with lymphatic drainage	63.- / 76.-
40 / 60 MINS.	Hand and feet reflexology massage	42.- / 50.-
30 / 50 MINS.	Thai herbal pack massage	32.- / 42.-
60 / 90 MINS.	Lomilomi Nui massage	60.- / 72.-
30 MINS.	Indian scalp, neck and decollete massage	30.-
30 MINS.	Anti-stress back and shoulder massage	32.-
60 / 90 MINS.	Ponklay or Mediteranea aromatherapy massage	63.- / 76.-
30 / 60 / 90 MINS.	Hot stone massage	32.- / 63.- / 76.-
25 / 40 / 70 MINS.	Swedish massage	26.- / 42.- / 59.-
40 / 70 MINS.	Sports massage	42.- / 59.-

Body Treatments

90 MINS.	Green clay drainage wrap	75.-
60 MINS.	Paradise embrace of healing mud and algae	50.-
60 MINS.	Decollete and firm breast treatment	50.-
40 MINS.	Anti-heavy legs wrap	40.-
30 MINS.	Aloe vera wrap	30.-
30 MINS.	Relaxation and harmony body scrub	30.-
30 MINS.	Sensual thalasso rosemary body scrub	30.-
30 MINS.	Sensual Thai spice body scrub	30.-

Facials – Women

45 MINS.	Relax – Relaxing massage	45.-
60 MINS.	Cleanse – Epidermis cleansing treatment	60.-
90 MINS.	Purify – Purifying ritual	90.-
90 MINS.	Matify – Oily skin matifying ritual	90.-
90 MINS.	Hydrate and Nourish – Hydrating and nourishing ritual	90.-

90 MINS.	Soothe – Soothing and improved skin resistance ritual	90.-
90 MINS.	Anti-stress – Ritual to restore energy, vitality and a healthy look	90.-
90 MINS.	Smooth – Preventive anti-aging ritual to reduce fine lines and smooth the skin	90.-
90 MINS.	Firm – Luxurious lifting ritual to reduce mature skin wrinkles	90.-
45 MINS.	After Sun – Soothing after-sun treatment	45.-

Facials – Men

45 MINS.	Relax – Relaxing massage	45.-
60 MINS.	Optimale Energize – Energising and revitalising face treatment	60.-
90 MINS.	Optimale Firm – Luxurious lifting ritual to reduce mature skin wrinkles	90.-
90 MINS.	Optimale Purify – Purifying ritual	90.-

Treatment for Pregnant Women & Post Delivery Treatment

40 MINS.	Anti-stretch mark programme for firm skin	40.-
40 MINS.	Anti-heavy legs wrap	40.-
120 MINS.	Thai post delivery treatment	83.-

Anti-cellulite treatments

90 MINS.	Reduction of soft cellulite	80.-
90 MINS.	Reduction of stubborn cellulite	80.-
40 MINS.	Slim up	40.-
250 MINS.	3-day anti-cellulite programme	222.-
520 MINS.	5-day anti-cellulite programme	455.-
690 MINS.	7-day anti-cellulite programme	557.-

Hand & Feet Treatment

30 MINS.	Natural NailSpa manicure	27.–
45 MINS.	Spa manicure and aromatic hand peeling	37.–
60 MINS.	Luxurious ParadiseSpa manicure	50.–
40 MINS.	Natural NailSpa pedicure	36.–
60 MINS.	Luxurious ParadiseSpa pedicure	50.–
MANICURE AND PEDICURE EXTRAS:		
10 MINS.	Application of nail polish	8.–
20 MINS.	French nail polish	15.–

Hair Removal – Women & Other Treatments

45 MINS.	Legs – full	36.–
30 MINS.	Legs – half	30.–
20 MINS.	Bikini – basic	15.–
15 MINS.	Underarms	20.–
30 MINS.	Arms	25.–
10 MINS.	Lip	10.–
20 MINS.	Brow shaping	15.–
15 MINS.	Eyelash tinting	9.–
15 MINS.	Brow tinting	9.–

Hair Removal – Men

20 MINS.	Chest	40.–
30 MINS.	Belly	20.–
30 MINS.	Shoulders	20.–
40 MINS.	Back	40.–
15 MINS.	Underarms	25.–
45 MINS.	Legs – full	40.–
40 MINS.	Arms	30.–
20 MINS.	Brow shaping	15.–

Men Programmes

75 MINS.	Adam	81.–
105 MINS.	Businessman	84.–

Paradise Programmes for Couples

120 MINS.	Paradise for Adam and Eve	210.–
120 MINS.	Rendez-vous	210.–
140 MINS.	Harmony	220.–

Spa Packages

ONE-DAY SPA PACKAGES:

90 MINS.	Touch of Asia	90.–
90 MINS.	Mediterranean Touch	90.–
145 MINS.	Paradise Relaxation	137.–
145 MINS.	Slender Body	115.–
185 MINS.	Feel Young	112.–

3-DAY SPA PACKAGES:

225 MINS.	Relax Ponklay	182.–
225 MINS.	Relax Mediteranea	182.–
475 MINS.	Slender Body	217.–

5-DAY SPA PACKAGES:

500 MINS.	Relax Ponklay	318.–
495 MINS.	Relax Mediteranea	326.–
715 MINS.	Slender Body	358.–

7-DAY SPA PACKAGES:

680 MINS.	Relax Ponklay	484.–
690 MINS.	Relax Mediteranea	496.–
985 MINS.	Slender Body	472.–

Saunas, rituals, fitness...

SAUNAS AND SWIMMING POOL:

4 HOURS	· hotel guests	15.–
4 HOURS	· external guests	18.–
	· additional hour in sauna with swimming pool	5.–
	· additional rental of towel	3.–

FITNESS:

	· 1 visit	5.–
	· 1 month	44.–
20 MINS.	Rhassoul ritual	7.–



St. BERNARDIN

ADRIATIC RESORT & CONVENTION CENTER

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All prices are in Euros and include VAT. We reserve the right to change the prices.

The price list is valid as of 1st November 2008.